

MEDICATION and MELISA[®]

MELISA measures the immune response so any drug that suppresses this response may affect results. This is not an exhaustive list and patients should check with their health care professional to see if any of their current medication has an immune suppressant effect. Patients must speak with their healthcare professional before stopping any prescribed medication.

In certain cases where it is not possible to cease medication we have incidences of patients (eg those with MS who are unable to come off their meds and we have had successful test results despite their suppressed immune systems. It may be useful to send extra blood (1-2 tubes) to ensure that sufficient lymphocytes can be recovered –please consult with the laboratory or clinic in advance.

Strong effect – avoid ideally for 3 weeks prior to testing*

- Prednisone/ Prednisolone
- Deltasone
- Orasone
- Cortisol
- Dexamethasone
- Anti malarials
- Cyclosporine and Tacrolimus
- Neoral
- Sandimmune
- SangCya
- Opioids - Long term use at high levels
- Oral hydrocortisone

Possible Mild effect – if possible avoid the morning of the blood draw*

- Anti depressants
- Anti histamines
- TCH – medical marijuana